Claims: 1 1. An exchange tray comprising: 2 an exchange containment unit matching a packing containment unit of a packing tray to 3 receive a component of a hard disk drive; and 4 an exchange base to support the exchange containment unit. 1 2. The exchange tray of claim 1, wherein the exchange tray is able to contain a plurality of 2 components. 1 3. The exchange tray of claim 1, wherein the exchange containment unit is an indentation 2 shaped to hold the component. 1 4. The exchange tray of claim 1, wherein the exchange containment unit is a set of pins to 2 hold the component. 1 5. The exchange tray of claim 1, further comprising a limiter attached to the exchange base 2 to match a limiter of the packing tray. 1 6. The exchange tray of claim 1, wherein the component is a magnetic read/write head. 1 7. The exchange tray of claim 1, wherein the component is a micro-actuator. 1 8. The exchange tray of claim 1, wherein the component is a head gimbal assembly.

- 1 9. The exchange tray of claim 1, wherein the component is a head suspension
- 1 10. The exchange tray of claim 1, further comprising at least one pin hole in the exchange
- 2 base matching at least one pin hole in the packing tray.
- 1 11. The exchange tray of claim 1, wherein the component is moved from the packing tray to
- 2 the exchange tray by positioning the exchange tray above and in contact with the packing tray
- 3 and rotating the packing tray and the exchange tray together.
- 1 12. A system, comprising:
- a packing tray with a packing containment unit to hold a component of a hard disk drive;
- 3 and
- 4 an exchange tray with an exchange containment unit matching the packing containment
- 5 unit to receive the component.
- 1 13. The system of claim 12, wherein the exchange tray and the packing tray are able to
- 2 contain an equal plurality of components.
- 1 14. The system of claim 12, wherein the exchange containment unit is an indentation shaped
- 2 to hold the component.
- 1 15. The system of claim 12, wherein the exchange containment unit is a set of pins to hold
- 2 the component.

- 1 16. The system of claim 12, further comprising a limiter attached to the exchange base to 2 match a limiter of the packing tray. 17. 1 The system of claim 12, wherein the component is a magnetic read/write head. 1 18. The system of claim 12, wherein the component is a micro-actuator. 1 19. The system of claim 12, wherein the component is a head gimbal assembly. 1 20. The system of claim 12, wherein the component is a head suspension. The system of claim 12, further comprising at least one pin hole in the exchange base 1 21. 2 matching at least one pin hole in the packing tray. 1 22. The system of claim 12, wherein the component is moved from the packing tray to the 2 exchange tray by positioning the exchange tray above and in contact with the packing tray and 3 rotating the packing tray and the exchange tray together. 1 23. A method, comprising:
- 2 placing a component of a hard disk drive in a packing containment unit of a packing tray;
- 3 positioning an exchange tray with an exchange containment unit matching the packing
- 4 containment unit above and in contact with the packing tray; and

5		rotating the packing tray and the exchange tray together to move the component from the	
6	packin	g tray to the exchange tray.	
1	24.	The method of claim 23, further comprising:	
2		holding a plurality of components in the packing tray simultaneously; and	
3		transferring the plurality of components to the exchange tray simultaneously.	
1	25.	The method of claim 23, wherein the exchange containment unit is an indentation shaped	
2	to hold the component.		
1	26.	The method of claim 23, wherein the exchange containment unit is a set of prongs to hold	
2	the component.		
1 2	27.	The method of claim 23, wherein a limiter attached to the exchange base matches a of the packing tray.	
1	28.	The method of claim 23, wherein the component is a magnetic read/write head.	
1	29.	The method of claim 23, wherein the component is a micro-actuator.	
1	30.	The method of claim 23, wherein the component is a head gimbal assembly.	
1	31.	The method of claim 23, wherein the component is a head suspension.	
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1	32.	The method of claim 23, further comprising securing at least one pin hole in the exchange	
2	base to at least one pin hole in the packing tray.		